



Sub Aqua Club Luxembourg a.s.b.l.

GENERAL INFORMATION

1. Joining and Membership

- One-time registration fee 135 €
 - ❖ Annual dues as follows
 - ❖ P0 (beginner without certificate) 85 €
 - ❖ P1/ CMAS★ & OW/AOW/AOW PLUS 85 €
 - ❖ P2 / CMAS★★ & Rescue Diver 65 €
 - ❖ P3 (P4) / CMAS★★★(★) & Dive Master 55 €
 - ❖ M1-M2-M3 & CMAS M★/★★/★★★ 55 €
 - ❖ Swimmer 45 €
- Course fees are as follows:
 - ❖ 85 € for P1, P2 and P3 certifications
- Complete the official "medico - sportive" medical exam with the INS.
- Minors require parental authorization to participate in diving activities.
- Complete the online registration form at www.sacl.lu.

Bank account:

BIC : BCEELULL
IBAN : LU69 0019 3555 1293 4000

2. Please Note

- **The new member will be able to take part in training session as soon as:**
 - ✓ The inscription form has been submitted.
 - ✓ Parental authorization has been given (for minors under the age of 18)
- **The registration fee, the annual dues, and the course fee (if applicable) are to be paid within one month, and a photograph should be provided.**
- **The medical exam is to be taken as soon as possible. It is advised to make an appointment early, as the INS often has a long waiting period.**
- **SACL's fiscal year extends from November to November.**
 - ✓ Any candidate member registered before 15 September becomes a member for the current year and will have to renew their annual dues in November.
 - ✓ Any candidate member registered after 15 September becomes a member for the year to come, and membership dues paid will be credited to the year to come.

3. About the S.A.C.L.

The Sub-Aqua Club Luxembourg is a non-profit organization whose purpose is to support the discovery and exploration of the underwater world through diving activities.

3.1. The License

The FLASSA license is delivered as soon as the member has paid the dues and registration fee and has completed the state medical exam. The FLASSA license is obligatory for scuba diving activities in Luxembourg. The license also functions as a medical certificate when diving abroad.

3.2. The state medical exam

This certificate is delivered by the center for the medico-sportive exam at the INS or by any other doctor (generalist or specialist).

It is necessary to **personally make the appointment** as soon as possible. Inform the person in charge that you are a member of the SACL. The club will then be automatically informed of your medical fitness for scuba diving.

If you make an appointment at a doctor of your choice, it is important to use the FLASSA medical form, that can be downloaded from the club's website.

Center for the medico-sportive exam
INS

66, rue de Trèves
L-2630 Luxembourg
Tél. 247-83413

(When making the appointment, please indicate that it is for scuba diving.)

3.3. Joining as part of a certification course

The candidate who wishes to earn the P1 or P2 certificate must indicate this at the time of enrollment by payment of the course fee, which serves as course registration. The course fee must be re-paid in the case of a new test after a failed exam, non-attendance, or any other reason!



Sub Aqua Club Luxembourg a.s.b.l.

3.4. The Swimming Pools

The SACL uses two swimming pools for its training sessions:

➤ La piscine de Bonnevoie

Every Monday and Thursday
between 20.30 and 21.30.
Meet in the entry at **20.15**.

No training on public holidays and during the summer school holidays (from 15.7 to 15.9).

➤ The training at Bonnevoie will be for:

- Training new members
- Physical conditioning for members with certificates
- Training with equipment as part of a course.

La piscine olympique Kirchberg

➤ Meeting place is by the cashier.

- only for members of the SACL
- serves for preparing the certificates P2 & P3 as well as for technical development.
- for security reason the number of participants is limited
- a preliminary inscription through the website is necessary.

Members may borrow club equipment (tanks, regulators, and BCD's) which is available for pickup each Monday from **20.00 to 20.15** in the club's room in the cellar of the Bonnevoie pool.

The borrowed equipment has to be returned next Thursday/Monday.

3.5. Calendar

The SACL publishes an annual calendar showing club training sessions, excursions, and holidays. The calendar can be downloaded or consulted online on the SACL website.

3.6. Supervision

The SACL has dive monitors who volunteer to provide the following services for members:

- Hold training sessions in the pools to prepare and provide practical training for beginners.
- Teach theoretical material for the P1 & P2 & P3 courses.
- Give the exams for the P1 & P2 & P3 certificates.
- Organize and assist with diving at our cottage in Lultzhausen at the lake d'Esch/Sûre and to supervise dives during club trips to the sea.

3.7. Club Material

The SACL owns the following equipment, which is placed at the free disposal of its members:

- Air tanks, 10, 12 and 15 liters.
- Regulators/Octopi complete with pressure gauges.
- Buoyancy compensation devices (vests).
- Weight belts and leads.
- Two compressors for filling tanks.
- A dive cottage in Lultzhausen, near the lake, with an underwater platform intended for training.
- As club material is common property, each member is responsible for the items entrusted to them.

3.8. Activities at the lake d'Esch/Sûre

During the summer season, from 1st May to 1st October, our base at Lultzhausen is open from 10.00 to 18.00 on Sundays and certain public holidays. You can register to dive at our site up until midday the day before. The base leader organizes the groups. Mornings and/or afternoons are optional. A night dive may also be organized from time to time. At midday, members are invited to enjoy a grill lunch. It goes without saying that accompanying persons and families are also welcome to spend a lovely day at the lake in a family atmosphere.

3.9. Club Excursions

Traditionally, during the summer holidays, the SACL organizes a trip to the sea. Depending on demand, other trips can be organized, such as to the Red Sea, the Maldives, the Atlantic or advanced courses for experienced divers.

Earning the P1 certificate

See the specific training schedule for the P1.

The basic equipment necessary to pass the P1 exam at the lake includes:

1. Fins, mask, snorkel, wetsuit, tank, and weights.
2. Estimated costs are:

<input checked="" type="checkbox"/> Fins, mask, snorkel	+/- 175 €
<input checked="" type="checkbox"/> Wetsuit	+/- 350 €
<input checked="" type="checkbox"/> Bootee	+/- 70 €
<input checked="" type="checkbox"/> Gloves	+/- 30 €
3. Use of a tank, octopus with pressure gauge, BCD, and weights is provided by the club free of charge.



Sub Aqua Club Luxembourg a.s.b.l.

3.10. Club newsletter

The SACL periodically publishes a newsletter to keep its members up to date on everything to do with the club and diving. As soon as a new member registers, he or she is added to the list of subscribers. The latest news is regularly sent by email.

3.11. Administrative Council

The following compose the administrative management of the club.

Claude Leniger president, Website	12, rue de Millebaach L-5332 Moutfort	private tel. 35 94 78
Mike Moro vice-president, mgmt. members, licenses	4, rue Hoehl L-3397 Roeser	private tel. 26 11 95 97
John Welter treasurer	13, rue Charles de Gaulle L-8322 Olm	private tel. 30 95 26
Nathalie Faber secretary	64, rue des Champs L-7218 Helmsange	private tel. 691 690 672
Carole Brack member	12, rue Charles Darwin L-1433 Luxembourg	tél. privé 691 821 664
Pascal Drouet resp. diving material	46, rue des Tulipes L-4955 Bascharage	private tel. 50 97 78
Ronald Nestler resp. installations	40, op der Strooss L-7670 Reuland	private tel. 87 88 01
Alain Robert resp. compressors	3, rue de Schouweiler L - 4945 Hautcharage	private tel. 50 97 65
Thomas Seiferling member	12, rue Charles Darwin L-1433 Luxembourg	tél. privé 691 829 843

3.12. Technical Commission (C.T.)

The Technical Commission is made up of the club's dive instructors. It is responsible for all surrounding the training, certification, and dive supervision within the club.

Guy Milbert - instructor M2 C.T. president	38b, rue Gromscheid L-1670 Senningerberg	private tel. 34 65 29
Raymond Adam – instructor M3	9, rue Marie Curie L- 8049 Strassen	private tel. 691 217 547
Laurent Dura – instructor M3	1, rue Dicks L-6944 Niederanven	private tel. 661 568 314
Claude Leniger – instructor M3	see above	see above
Hassan Razavi – instructor M2	4, rue de Madrid L-8223 Mamer	private tel. 621 160 714
Tom Schlentz – instructor M2	20, rue Emil Marx L-5775 Weiler-la-Tour	private tel. 52 32 92
Melanie Chambers - instructor M1	40, rue Felix de Blochausen L-1243 Luxembourg	private tel. 621 149 376
Nathalie Faber – instructor M1	see above	see above
Jean-Louis Gindt – instructor M1	17, rue de Luxembourg L-3360 Leudelange	private tel. 37 00 70
Cathy Kremer – instructor M1	108, rue de Strasbourg L-2560 Luxembourg	tél. privé 691 768 392
Claude Martin – instructor M1	an der Rëtsch 32 L-6980 Rameldange	private tel. 26 78 72 41
Darko Milowich – instructor M1	7,rue d'Oradour L-2266 Luxembourg	private tel. 621 265 220
Patrick Gieres – P4	14, rue Camille Mersch L-5860 Hesperange	private tel. 26 31 04 04

To contact these people by mail, you are requested to use the form on the website under the heading « Contact Us », and choosing « CT » on the menu to the right, or use the address info@sacl.lu



4. The Diving Certificates

4.1. Le P1 – CMAS ★

This certifies one as a beginning diver, initiated in elementary use and handling of diving equipment and having knowledge of the basic theory. One dives with an experienced partner and must develop the reflexes and knowledge of a diver. One's knowledge does not enable one to dive alone or under all conditions. Training takes place in the swimming pool and in the lake.

Prerequisites for admission:

- Registration form submitted to SACL
- Valid medical exam
- Payment of membership, club registration fee and course fee

A possible failure of the medical exam will give the right to a refund of fees and dues paid.

4.2. Le P2 – CMAS ★★

This certifies one as an established diver familiar with all of the exercises and signs. One has a good knowledge of the theory, is at ease in the water, and is therefore able to dive with a partner of equivalent experience and training. Training takes place in the swimming pool and in the lake according to a schedule published in MELUSINA. **The P1/CMAS★ or PADI Open Water, Advanced Open Water, and Advanced Open Water Plus certificates are required before taking the P2/CMAS★★.**

Prerequisites for admission:

- Registration form submitted to SACL
- Valid medical exam
- Payment of membership dues, club registration fee, and course fee

A possible failure of the medical exam will give the right to a refund of fees and dues paid. The preparation and exams for the P1 and P2 certificates are organized by the SACL

4.3. Le P3 – CMAS ★★★

This certifies one as an advanced and independent diver, whose knowledge allows one to plan and independently organize a dive. One's ease in the water and mastery of technique allow one to face all the problems of diving. The preparation as well as the P3 examination is organized by our instructors. The SACL offers a complete training for the candidate. **The P2/CMAS★★ or PADI Rescue Diver certificate is required before taking the P3/CMAS★★★.**

4.4. Worldwide equivalents of the certificates

The Luxembourg certificates are recognized universally by their CMAS (World Underwater Federation) equivalents. Since 1994 the Luxembourg certificates are automatically granted the equivalent CMAS rating and vice versa.

5. Theoretical Manuals

The Luxembourgish federation FLASSA publishes and sells the works covering theoretical preparation for the certificates. They are included in the course fees.

6. Local suppliers of dive equipment

DIVEWINNS

51, rue des 3 Cantons
L-3961 Ehlange / Mess
tél. 26 12 35 45
info@divewinns.lu
www.divewinns.lu

Actionsport

Hubertus von Nell Str. 10
D-66706 Perl
tél. : +49 6867 9128193
info@abenteuertachen.de

LORRAINE-NAUTISME

2, rue des Alliés
F-57050 Metz
tél. :003387322122
http://loraine-nautisme.fr
info@lorraine-nautisme.fr

Kohly's Taucherecke

Hauptstraße 117
D-67697 Otterberg
Telefon 06301-793440
http://www.kohlys-taucherecke.de
info@kohlys-taucherecke.de